

ARDENTE CONSULTING

GENERAL & CHRISTIAN COUNSELLING

Personal Counselling
Group work
Education

Helen Ardente
Counsellor & Psychotherapist

Grad Dip Counselling
Licentiate Marriage & Family Counselling
B. Sc. (Nursing)
Grad Dip Divinity

Full Clinical Member, PACAWA

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ABN 54 130 453 500

APPOINTMENTS:

0409 373 641

ABOUT ARDENTE CONSULTING:

Helen is a qualified professional counsellor who uses secular models and Christian spiritual methods to provide caring confidential counselling for adults with issues including childhood and adult abuse (physical, psychological, sexual and ritual abuse). She also works with trauma, dissociation, phobias, anxiety, depression, grief and loss, attachment issues, gender issues, emotional and relational problems and spiritual concerns.

Helen's professional background is in general nursing and midwifery. Her counselling education and qualifications include the Licentiate of Marriage and Family Counselling (tertiary level) and a Graduate Diploma of Counselling from the University of Notre Dame, Fremantle WA.

Helen has extensive other counselling and theological education. She attended her first workshop on Dissociation in 1995 and continues to attend many conferences, workshops and courses on trauma and dissociation and other topics relevant to her field.

Helen is currently consulting in East Victoria Park and Safety Bay, Western Australia.

She is available for educational and training presentations on management of deep trauma and its effects including dissociation, as well as other counselling issues of professional and community interest.

Helen is now available as a Civil Celebrant for Funerals, Naming Ceremonies and Renewal of Marriage Vows. Rates for these services differ from counselling charges.

Consulting hours: Monday to Friday, some evening appointments available.

FEES PER SESSION, UP TO ONE HOUR:

INDIVIDUAL CONSULTATION \$80
COUPLES AND FAMILIES \$100

Charges are based on an hourly rate. Sessions exceeding one hour will be calculated in quarter hourly increments.

Fees may differ for consultations away from office locations and for third party arrangements. Weekend appointments (East Victoria Park only) may attract a 25% loading.

PLEASE NOTE: NO HEALTH FUND OR MEDICARE REBATES CURRENTLY APPLY

Consultation fees are payable at the time of your session. Credit card facilities are available only with PayPal.

In case of financial difficulty, please discuss alternative payment arrangements when making your appointment.

Please note: Non-attendance with less than one day's notice of cancellation will attract a 50% penalty fee.

*Thank you for your co-operation.
We appreciate your choice of our professional services.*